

Take the Low Thyroid Test!

The 9 Warning Signs of Low Thyroid*

***Low Thyroid doesn't just lead to weight gain, it can lead to heart disease, diabetes and 57 other diseases, according to a report by Dr. Brownstein.**

Thyroid Support – New Product Introduction and Promotion:

Signs to watch for in determining low thyroid: (Medical tests for thyroid function are notoriously ineffective in detecting low thyroid, if your doctor doesn't check for these indications.)

Check for These Conditions		
Bags, puffiness under the eyes	yes	no
Swelling in other parts of the body	yes	no
Puffy tongue, puffy face, puffy wrists	yes	no
Lifeless hair, dry skin	yes	no
No energy	yes	no
Weight gain	yes	no
Low Basal body temperature	yes	no
Sluggishness	yes	no
Anxiety	yes	no

My Personal Guarantee: If you have five of nine symptoms, you can order a bottle of Thyroid Support and try it for a month. If you symptoms are not much improved, return the empty bottle for a full refund. I stand behind my products! -Garey Simmons, CHC.

Your thyroid is an important gland found in the neck. The gland is part of the endocrine system, whose main function is to convert iodine into a variety of hormones. The thyroid gland converts iodine into thyroid hormones that control the body's temperature levels and regulate metabolism, weight loss or weight gain. Maintaining thyroid health promotes optimal organ function. A variety of herbs providing natural health benefits for thyroid function are available.

Without proper thyroid hormone production it's almost impossible to have good digestion, proper metabolism and weight control. Just check out the label supplement ingredients. This unique blend of vitamins and supplements will help you to stay energetic. Combining Ayurvedic herbs with known, helpful vitamins and minerals, you

may see a significant boost in your thyroid production.

Additional Info: **Garey's Signature Guarantee:** I personally stand behind my products, my website and my staff. If you have any concerns, please **contact me for a quick response!** Thank you!

Garey Simmons

Optimal Health Bridge: 1-877-572-3444

Customer Service Number 443-450-4413 **Write to** 1539

Merritt Blvd Suite 142, Baltimore, MD 21222 **Fax** 443-408-1600

Website: www.OptimalHealthBridge.com



Supplement Facts		
Serving Size 2 Capsules		
Amount Per Serving		%Daily Value
Vitamin B-12 (cyanocobalamin)	100mcg	1667%
Iodine (from kelp)	150mcg	100%
Magnesium (oxide)	200mg	50%
Zinc (oxide)	8mg	53%
Selenium (amino acid chelate)	200mcg	286%
Copper (oxide)	200mcg	10%
Manganese (amino acid chelate)	2mg	100%
Molybdenum (amino acid chelate)	50mcg	67%
L-Tyrosine	300mg	*
Schizandra (herb powder)	240mg	*
Ashwagandha Root (herb powder)	200mg	*
Bladderwrack (herb powder)	50mg	*
Cayenne Pepper (herb powder)	30mg	*

*Daily Value not established.

Other Ingredients: Gelatin, cellulose, magnesium stearate and silicon dioxide.

Iodine, Magnesium,
Vitamins and Minerals

Ayurvedic Herbal Formula

Our Promise:
Thyroid Support
will help you to
have more
energy or your
money back.